

單身：展現在基督裡的充足

“SINGLES: DEMONSTRATING THE SUFFICIENCY OF CHRIST”

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經文 **Verse**：哥林多前書七章 1-9 節,25-40 節 (1 Corinthians 7:1-9, 25-40)

主題 **Theme**：單身的人領受的呼召就是要展現耶穌是足夠的。Singles are called to show that Jesus is sufficient.

一、 結婚和單身都好

Both Marriage and Singleness Are Good

- ⊗ 哥林多前書七章 3-5 節「丈夫對妻子要盡本分；妻子對丈夫也要如此。妻子對自己的身體沒有主張的權柄，權柄在丈夫；丈夫對自己的身體也沒有主張的權柄，權柄在妻子。夫妻不可忽略對方的需求，除非為了要專心禱告。」(1 Corinthians 7:3-5)
- ⊗ 哥林多前書七章 6-7 節「我說這話是出於容忍，不是命令。我願眾人像我一樣；但是各人都有來自上帝的恩賜，一個是這樣，一個是那樣的。」(1 Corinthians 7:6-7)

二、 單身有很大的好處：

The Single Life Has Significant Advantages:

1. 在困難時期壓力較小 **Reduced Stress in Bad Times**

- ⊗ 哥林多前書七章 26 節「因現今的艱難，據我看來，人不如安於現狀。」(1 Corinthians 7:26)

2. 可以專心服事基督 **The Ability to Focus on Serving Christ**

- ⊗ 哥林多前書七章 32-34 節「我願你們一無掛慮。沒有結婚的是為主的事掛慮，想怎樣令主喜悅；結了婚的是為世上的事掛慮，想怎樣讓妻子喜悅，於是，他就分心了。沒有結婚的和未婚的女子是為主的事掛慮，為要身體和心靈都聖潔；已經出嫁的是為世上的事掛慮，想怎樣讓丈夫喜悅。」(1 Corinthians 7:32-34)

3. 有機會展現耶穌是充足的 **The Opportunity to Demonstrate Christ's Sufficiency**

- ⊗ 腓立比書四章 11-13 節「我已經學會無論在甚麼景況都可以知足。我知道怎樣處卑賤，也知道怎樣處豐富；或飽足或飢餓，或有餘或缺乏，任何事情，任何景況，我都得了祕訣。我靠著那加給我力量的，凡事都能做。」(Philippians 4:11-13)

4. 可以效法上帝寬廣的愛 The Ability to Model God's Non-Exclusive Love

- ☉ 哥林多前書七章 17 節「無論如何，要照主所分給各人的恩賜和上帝所召各人的情況生活。我在各教會裏都是這樣規定的。」(1 Corinthians 7:17)

三、無論婚姻還是單身，都需要從上帝來的力量

Both Marriage and Singleness Require God's Power

- ☉ 哥林多後書五章 14-15 節「原來基督的愛激勵我們；因我們這樣斷定，一人既替眾人死了，眾人就都死了。並且他替眾人死，是叫那些活著的人不再為自己活，乃為替他們死而復活的主活。」(2 Corinthians 5:14-15)

反思及討論問題

Questions for Meditation and Discussion

1. 你聽到基督徒對婚姻和單身的觀念在過去曾經轉變，會感覺驚訝嗎？你認為有哪些社會轉變和壓力，會影響到今天基督徒的婚姻觀(單身觀)？
Were you surprised to learn that Christian views of marriage and singleness have changed over the centuries? What are some of the cultural pressures and changes that are affecting Christians' views today?
2. 若你今天單身，你曾感受到必須趕快結婚的壓力嗎？壓力是從哪裡來的？家人？教會？你自己？你覺得上帝希望你如何回應這些壓力呢？
If you are single, do you feel pressure to get married? Where does that pressure come from? Your family? The church? Yourself? How do you think God wants you to respond to that pressure?
3. 另一個單身面對的問題，就是必須有婚前性行為的社會壓力。針對這一點，聖經怎麼說？我們可以如何鼓勵單身的弟兄姊妹保持聖潔的生活呢？
Another problem for singles may be the cultural expectation that they should have sex lives even though they are unmarried. How does the Bible view this? How can we encourage single people to remain morally pure?
4. 若你是父母，你是否會給子女趕快結婚生子的壓力？若你的孩子告訴你他希望用終身守單身來服事上帝，你會如何反應呢？
If you are a parent, are you putting undue pressure on your children to get married and produce grandchildren? If your child announces that he or she wants to serve God as a single person, how will you respond?
5. 單身者有時會在教會中感到被忽略；他們有時會感到孤單。教會中許多活動和小組都是給已婚者/家庭的。我們教會如何可以在支持和鼓勵單身者這件事情上做得更好呢？
Single people sometimes feel left out in the church. Sometimes they are lonely. Many activities and small groups are for couples. How can our church do a better job of supporting and encouraging singles?